

Live Webinar - Leading and Managing Change

Duration: 3 hours

Method of delivery: Live webinar

Maximum 10 delegates per session

About this course

Change is now a constant feature of the modern workplace. Organisations continue to adapt to evolving technologies, hybrid working, restructuring, economic pressures and changing customer expectations. How individuals respond to change can have a significant impact on morale, productivity and team performance.

This interactive webinar explores the practical and people-focused aspects of change management. Delegates will gain a greater understanding of why people react differently to change and how leaders and employees can positively manage uncertainty, resistance and transition.

Through discussion, reflection and practical activities, participants will develop strategies to support themselves and others during periods of organisational and personal change.

Learning Outcomes

By the end of this webinar, delegates will be able to:

- Understand the main drivers and impact of organisational change
- Recognise different responses and behaviours during change
- Identify practical strategies to adapt positively to change
- Communicate more effectively during periods of uncertainty
- Support colleagues and teams through the change process
- Apply techniques to reduce resistance and encourage engagement

Course Content

- **Understanding Change**
 - The key components of change
 - Processes
 - People
 - Organisational culture
 - Common drivers for workplace change
- **Behaviour During change**
 - Recognising emotional and behavioural responses to change
- **Leading Through Change**
 - The role of communication during change
 - Building trust and engagement
 - Supporting individuals through uncertainty and transition
 - Leading teams positively through change initiatives
- **Managing Resistance**
 - Why people resist change
 - Identifying barriers to change
 - Practical techniques for overcoming resistance