

Live Webinar - Handling Change

Duration: 90 minutes

Maximum 10 delegates

This live webinar is probably more pertinent now than at any other time, bearing in mind we are all having to change our work and leisure activities as a result of the Covid-19 emergency.

This highly interactive webinar will cover the components of change and will look to try and understand why people display differing behaviour during periods of change.

Delegates will carry out activities throughout this 90-minute webinar.

Course Content

- Components of change
 - processes
 - people
 - culture
- Understanding culture and people
 - working with the existing culture
 - changing culture itself
- Recognising individual responses to change
- Leading people through the change process
- Overcoming resistance to change

Outcomes

By the end of this training you will be better able to:

- understand the drivers for change
- understand your own and other's behaviours during change
- create strategies to cope with change
- work with others to help overcome resistance to change